

## **FOOD SERVICE REQUIREMENTS**

### **IN-HOUSE MEALS:**

Authorized personnel shall order in-house meals. The person placing the order will provide the Vendor with the number of meals required and the maximum price per meal. The name of the person authorized to sign for the meal shall also be provided. Any gratuity shall be itemized separately and vendor should realize that a gratuity is not guaranteed. The gratuity shall not exceed 15%. Meals charged shall be in per diem amounts.

**UNDER NO CIRCUMSTANCES SHALL  
ALCOHOLIC BEVERAGES  
BE CHARGED TO THE GOVERNMENT**

### **TAKE-OUT MEALS:**

Authorized personnel shall order take-out meals. Depending upon the location of the work site and its proximity to available food service establishments, we may choose to provide five gallon hot food containers to be filled by the Vendor. A sample menu is provided in quantities. Types of meals and quantities will be negotiated at the time of order.

On other occasions, we may request individual containers to be provided by the vendor. This is covered on the back side of the Vendor Information Form.

### **SACK LUNCHES:**

Sack lunches shall be bagged in ventilated plastic or paper sacks to protect the contents. Each sack lunch shall be dated and marked to indicate vegetarian or regular sack lunch.

### **DEVIATIONS FROM REQUIREMENTS:**

Changes from the attached requirements shall be negotiated and agreed upon by both parties before meals are prepared and sent to the site.

### **QUANTITIES:**

Vendors shall provide a variety of meats and juices, when requested. FIREFIGHTERS PERFORMING ARDUOUS TASKS WILL BE PRIMARY CONSUMERS, so it is important that the food be of high caloric and protein content. Minimum quantities to be served per meal shall be as specified and consist of the following portions per person. (All portions shall be net weight.)

## BULK TAKE-OUT MEAL REQUIREMENTS:

### Breakfast, Option 1

Eggs: Three (3) scrambled grade "A" large  
Meat: ¼ lb. bacon, ham, or sausage  
Hash Browns: 6 to 8 oz. per serving  
Bread: 2 pc. white or wholegrain wheat or 2 large biscuits w/butter  
and either honey, jelly or jam  
Drinks: To be specified at time order is placed, but will be coffee,  
tea, and instant chocolate milk, etc.

### Breakfast, Option 2

Cereal: 6 oz. individual packet, whole grain  
Milk: 2 pints  
Fruit: 1 large grapefruit  
Bread: 2 pc. white or wholegrain wheat or 2 large biscuits w/butter  
and either honey, jelly, or jam

### **ABOVE QUANTITIES SHALL BE FOR EACH SERVING**

In addition, coffee will be ordered and put in Bulk Containers provided by the Government. Coffee will be itemized separately on invoices.

### Dinner:

Meat or Poultry: beef, ham, pork (boneless), 8-10 oz per serving; or beef,  
ham, pork (bone in), 14-16 oz per serving; or chicken,  
turkey (boneless), 9 oz per serving or chicken, turkey  
(bone in) 16 oz per serving  
Vegetable: 4 oz per serving  
Potato: 6 oz per serving with individual pkts of butter & sour cream  
Salad: 4 oz per serving  
Roll: 2 ea with individual pkts butter, honey, and jam  
Drinks: To be specified at time order is placed (see breakfast  
requirements above)

NOTE: Individual packets of salad dressing shall be provided.

Sack Lunches shall include:

One Meat Sandwich: (or Sandwich with Non-meat Substitute for Vegetarian)

Two slices whole wheat, whole grain or white bread, sliced meat, 2-½ oz less than 10% pump no chopped or pressed meat.

- a. Roast beef, well done, no pink or capless
- b. Pork, well done
- c. Ham (no ham & water product as labeled by USDA)
- d. Corned beef brisket, top round or flat rounds
- e. Turkey breast (full muscle turkey breast meat only)
- f. Combination of 100% cheese with any of the above.

Plus one of the following:

- a. 7-grain bread and raisins and peanut butter
- b. Bagel w/cream cheese and banana chips
- c. Specialty bread and raisins, grated carrots and walnut spread
- d. Burritos and chimechongas (4oz or more) (wrapped)
- e. Pita with Tuna & Pimentos, celery, carrots, dill pickles
- f. Peanut butter and jelly
- g. Stew/chili can/beanie weenie (7oz or more)

Also to include:

- a. A large piece of Fruit; Apple, Orange, etc.
- b. Prewrapped cookies or granola bars (i.e. Grandma's or 6 pack Oreo's)
- c. Fruit juice, 11-12oz pop-top cans or sun-glo type
- d. Large candy bar, (no chocolate), or bag of peanuts/trail mix.
- e. Paper napkin

- INDIVIDUAL PACKETS OF CONDIMENTS ARE PREFERRED AND SHOULD COMPLIMENT THE CHOICES OF ITEMS BEING PROVIDED.

**NO MAYONNAISE OR BUTTER SHALL BE PUT ON INDIVIDUAL SANDWICHES.**

Note: The government may approve the following: for variety on an occasional basis, one super-sized hoagie or submarine (salami or bologna may be used) having a minimum combination of meat and/or cheese weighing 7 ozs, or two (2) sandwiches as defined above may be used. (Non-meat substitutes shall replace the meat in a vegetarian hoagie or submarine.)

## SUGGESTIONS FOR VEGETARIAN SACK LUNCHES:

- a. Falafel – a patty of mashed potatoes and garbanzo beans
- b. Canned fish – water packed is preferred
- c. Tabouli – A spread made of bulgur wheat and chopped vegetable
- d. Bean Burrito
- e. Pita bread with beans, tofu spread
- f. Spreads made of fruit and nuts, vegetables and cottage cheese, nut butters

Note: The above are suggestions only. Other options are acceptable if they meet the requirements of vegetarian meats.